

# Barren River

## DISTRICT HEALTH DEPARTMENT

Barren, Butler, Edmonson, Hart, Logan,  
Metcalfe, Simpson, and Warren Counties



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**Topic: COVID-19 GUIDANCE FOR COMMUNITY**  
**FOR IMMEDIATE RELEASE**  
**4/22/2020-4/22/2020**

### DISTRICT COVID-19 UPDATES

The Barren River District Health Department has confirmed 276 cases of COVID-19 in the Barren River District, 59 of which have recovered. Our district has five deaths reported from COVID-19. We stand in solidarity with those affected during these difficult times. Please see the breakdown of numbers by county below.

COUNTY	CONFIRMED CASES	RECOVERED	DEATHS
Barren	9	3	0
Butler	71	8	3
Edmonson	9	4	0
Hart	3	1	0
Logan	8	4	0
Metcalfe	0	0	0
Simpson	20	9	2
Warren	156	30	0

In order to slow the spread of COVID-19, we must continue to follow recommendations provided by the CDC, the state, and Governor Andy Beshear. Practicing social distancing is the most important method for staying healthy. We urge Barren River residents to stay at home, and leave only for essential items such as groceries and medications. When possible, choose online ordering, delivery, and curbside pickup services to obtain these items.

Here are 10 steps to fight COVID-19 from Governor Andy Beshear:

- Stay healthy at home. Leave only for essential items such as groceries once a week.
- Avoid crowds and gatherings. Avoid crowds of any size, including home visits, recreational areas, or crowded shopping locations.
- Practice social distancing. Maintain six feet between yourself and others at all times.
- Know when to seek care. Follow the “When to Seek Care” guidelines available at <https://govstatus.egov.com/kycovid19>
- Stay up-to-date through reliable resources such as [KYCOVID19.KY.GOV](https://www.ky.gov/kycovid19) and [barrenriverhealth.org](https://www.barrenriverhealth.org).
- Wash hands and surfaces frequently. Use warm water and soap and wash hands for at least 20 seconds. Disinfect regularly used surfaces multiple times a day.
- Apply for benefits. Kentucky has expanded unemployment benefits. If you have not applied, visit [KCC.KY.GOV](https://www.kcc.ky.gov).
- Prioritize mental health. Seek out virtual social opportunities and maintain a daily routine.



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[www.BarrenRiverHealth.org](http://www.BarrenRiverHealth.org)

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- Only travel for essential items. Avoid carpooling and public transit. The safest place for you and others is at home.
- Report non-compliance. If you see individuals or businesses not complying with COVID-19 guidelines, report to the KYSAFER hotline at 1-833-597-2337 or online at <https://secure.kentucky.gov/formservices/Labor/KYSAFER>.

For questions about COVID-19, call Kentucky's COVID-19 Hotline at (800) 722-5725, BRDHD's COVID-19 Information Line at 270-781-8039, visit [www.barrenriverhealth.org/covid-19-information](http://www.barrenriverhealth.org/covid-19-information), or <https://govstatus.egov.com/kycovid19>.

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