M A Y  2 0 2 2

Disaster Preparedness:
May is Wildfire Awareness Month.

Here are a few tips on how to make sure that you and your family are prepared in case of a wildfire.

What you should know about wildfire!

- Know what to do before, during, and after a wildfire.
- Learn your evacuation routes and plan to evacuate if advised by local authorities.
- Have emergency supplies in place at home, at work, and in the car.
- Check your insurance policies to ensure you have enough coverage.
- Create a communications plan with your family.
- Listen to local officials.

Please submit articles for the newsletter to Jessica Wright at Jessica.Wright@barrenriverhealth.org
Submissions will be reviewed for approval.
Vendor Spotlight

Kentucky Moms Resource Fair and Baby Shower

5.21.22
11:00-4:00

Chaney's Dairy Barn
9191 Nashville Rd,
Bowling Green, KY 42101
Building Safety Month is an international campaign that takes place in May to raise awareness about building safety. This campaign reinforces the need for the adoption of modern, regularly-updated building codes and helps individuals, families, and businesses understand what it takes to create safe and sustainable structures. All communities need building codes to protect their citizens from disasters like fires, weather-related events and structural collapse. Building codes are society's best way of protecting homes, offices, schools, manufacturing facilities, stores and entertainment venues. Code officials work day in and day out to keep the public safe.

NATIONAL BUILDING SAFETY MONTH:

The National Council on Skin Cancer Prevention designated the Friday before Memorial Day as Don’t Fry Day. The Council’s goal is to encourage sun safety awareness by reminding everyone to protect their skin while enjoying the outdoors on Don’t Fry Day and every day. This is to help reduce rising rates of skin cancer from overexposure to the ultraviolet (UV) rays of the sun.

MAY 27TH IS DON'T FRY DAY:

On Don’t Fry Day (and Every Day)
Slip, Slop, Slap & Wrap!

- A turtle has a built-in shirt.
- A hippo’s skin secretes oil that acts as a sunscreen.
- The bumps over a camel’s eyes act as a hat.
- The black rings around a meerkat’s eyes are sunglasses.

Slip on a shirt, Slop on sunscreen, Slap on a hat, Wrap on sunglasses, and seek shade between 10 and 4.
The Preparedness Team is looking for interested employees to join us in planning for emergency responses. Committee members will assist in reviewing and updating our current plans by providing subject matter input. We are looking for each Branch and each county to be represented. If you are interested in Disaster Preparedness or want to learn more about the process, this is the committee for you. Email Janarae.Conway@barrenriverhealth.org to join!

Do you know a new or expecting parent would could use an extra pair of hands? Click here for info on BRDHD’s HANDS Program!

HANDS Program is always accepting referrals! Contact Tammy.Drake@barrenriverhealth.org to learn more about the HANDS Program

We applied and received a grant to do Carbon Monoxide education and give out free CO detectors. We do have several scheduled through June 30th.

- April 28th Crystal set up with Stephanie Dickerson at the Barren County Baby safety shower.
- May 7th we will set up at the Jennings Creek Greenway open house
- May 14, I will set up with Rebecca Tyree at the Early Childhood Spring Fling in Butler County.
- May 21st, we will set up at the First Annual Moms Day Resource Fair and Baby Shower at Chaney’s Dairy Barn.
- June 9th, we will set up with the BRIGHT Coalition at the Warren County Summer Reading Program kick-off at the Corvette Museum.

If you know of any events in your counties that Crystal and Janarae can set up a booth or set up with you, please let them know.

janarae.conway@barrenriverhealth.org
crystal.kingrey@barrenriverhealth.org
UPCOMING EVENTS

May 2nd: Baby Day
May 3rd: National Teacher's Day
May 5th: Cinco de Mayo
May 8th & 9th: Birth Mother's Day & Mother's Day
May 23rd: World Turtle Day

Meetings:
District Wide: June 24th at 9am
District Board of Health: May 16th at 5pm
Local Board of Health
Barren: August 9th at 12pm
Butler: August 5th at 12pm
Edmonson: May 18th at 12pm
Hart: June 9th at 11am
Logan: May 19th at 12pm
Metcalf: May 10th at 12pm
Simpson: May 12th at 12pm
Warren: June 13th at 5pm

DON'T FORGET
May 30th: No Work
The ACT Team is here for you! Do you have an idea that would make your job easier? Is there an improvement this agency could make to better serve our community?

Let the ACT Team know! Submit your ideas here:

Rana Gore and Barbara Cruse helped lead their team to victory in the Stay Well walking challenge in March.

As next month marks the beginning of Summer, I find it fitting to include everyone's favorite vacation spots. It can be a picture of your dream vacation or one you have gone on in the past. Send photos to Jessica.Wright@barrenriverhealth.org. Let's make people SMILE!

Follow BRDHD on social media!

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