

Press Release Contact: Kim Flora Phone: (270)781-8039 Ext. 117 (Kim)

Topic: COVID-19 UPDATE FOR IMMEDIATE RELEASE 12/18/2020-12/18/2020

DISTRICT COVID-19 UPDATES

The Barren River District Health Department has confirmed a total of 16,977 cases, 14,118 of which have recovered. We have 196 deaths reported from COVID-19. We stand in solidarity with those affected during these difficult times. See the breakdown of numbers by county below. Please note that a decrease in numbers is due to the county of residence or case status being corrected/updated from what was previously reported.

COUNTY	RECOVERED	DEATHS	TOTAL CASES
Barren	2084	30	2381
Butler	606	16	738
Edmonson	429	13	512
Hart	966	8	1172
Logan	1270	37	1536
Metcalfe	433	5	536
Simpson	794	9	1048
Warren	7536	78	9054
Total	14,118	196	16,977

In order to slow the spread of COVID-19, we must continue to follow recommendations provided by the CDC, the state, and Governor Andy Beshear. Practicing social distancing is the most important method for staying healthy. We urge Barren River residents to stay at home, and leave only for essential items such as groceries and medications. When possible, choose online ordering, delivery, and curbside pickup services to obtain these items.

Here are 10 steps to fight COVID-19 from Governor Andy Beshear:

- Stay healthy at home. Leave only for essential items such as groceries once a week.
- Wear a face mask when in public. To see the mandatory mask executive order from Governor Beshear, visit https://governor.ky.gov/attachments/20200709 Executive-Order State-of-Emergency.pdf.
- Avoid crowds and gatherings. Avoid crowds of any size, including home visits, recreational areas, or crowded shopping locations.
- Practice social distancing. Maintain six feet between yourself and others at all times.
- Know when to seek care. Follow the "When to Seek Care" guidelines available at https://govstatus.egov.com/kycovid19
- Stay up-to-date through reliable resources such as KYCOVID19.KY.GOV and barrenriverhealth.org.



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- Wash hands and surfaces frequently. Use warm water and soap and wash hands for at least 20 seconds. Disinfect regularly used surfaces multiple times a day.
- Apply for benefits. Kentucky has expanded unemployment benefits. If you have not applied, visit KCC.KY.GOV.
- Prioritize mental health. Seek out virtual social opportunities and maintain a daily routine.
- Only travel for essential items. Avoid carpooling and public transit. The safest place for you and others is at home.
- Report non-compliance. If you see individuals or businesses not complying with COVID-19 guidelines, report to the KYSAFER hotline at 1-833-597-2337 or online at https://secure.kentucky.gov/formservices/Labor/KYSAFER.

For questions about COVID-19 visit <u>www.barrenriverhealth.org/covid-19-information</u>, or https://govstatus.egov.com/kycovid19.

To report non-compliance, call Kentucky's Non-Compliance Reporting Hotline at 1-833-597-2337, report online at https://secure.kentucky.gov/formservices/Labor/KYSAFER.

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